JANUARY SCHOOL HOLIDAY SWIMMING PROGRAM

The holiday program is a great way to sharpen swimming skills in preparation for the Senior House Carnival on February 20th and the EISM Interschool Carnival on March 3rd (one day after most students return from camp). Given this very early EISM date we will be choosing a provisional team prior to the House Carnival very early in the term.

Year 9 students are encouraged to improve their fitness and endurance capacity in readiness for the triathlon by swimming during the break.

Year 7 students will be swimming in time trials on Friday 30th January. If your Year 7 student is lacking confidence in the water or would like to join a squad please call 9831 9490 to book for the holiday program.

JUNIOR SCHOOL STUDENTS
Existing and new HSAC clients are welcome at the holiday program.

The holiday program will operate for two weeks in the January school holidays. The pool is open for public swimming from 1-3 PM and from 3-6 PM where space permits around the classes and squads. Cost $3.00 per person.

Week 1 - January 12, 13, 14, 15.
Week 2 - January 19, 20, 21, 22

The Learn to Swim program (Water Discovery to LTS 4) is a four day program only. Squad swimmers may book for individual days.

Learn to swim (WD, LTS 1, LTS 2, LTS 3) Mon - Thurs 30 minute lessons between 3-5. PM COST $60

Learn to swim 4 Mon - Thurs 45 minute lesson at 2.45 PM COST $60

Pre-squad Mon – Thurs 3.15 – 4.00PM
COST $50 for 4 or $15 for individual sessions

Junior Squad Mon - Thurs 3.30 – 4.30PM
COST $50 for 4 or $15 for individual sessions

Junior Competition Squad Mon – Thurs 4.00 – 5.00PM
COST $50 for 4 or $15 for individual sessions

Senior Squad Mon – Thurs 5.00 -6.00
COST $50 for 4 or $15 for individual sessions

Senior Competition Squad Mon – Thurs 4.30 6.00
COST $50 for 4 or $15 for individual sessions

All classes must be booked and paid at the HSAC office personally or by calling 9831 9490. Costs may be charged to your Huntingtower school fee account.

Helen Aden HSAC Manager 9831 9490