June 2014

Dear Year 6 Parent

Sexuality Education Program –
Introductory information session for parents only & student sessions

As has happened in previous years, Family Life Victoria will be conducting a program in Sexuality Education for our Year 6 students. This course is one that will be congruent with the values of Huntingtower. We feel that it will be a thoughtful introduction to the key aspects of sexuality and provide a valuable addition to our personal development program.

There will be an introductory session for parents on Tuesday 22 July at 7.00pm in the Junior School Assembly Room. This will be followed by three sessions for the students which will take place during school time. The dates are as follows:

- Thursday 24 July 9.45-10.45am
- Thursday 31 July 9.45-10.45am
- Thursday 7 August 9.45-10.45am

Please find attached information relating to the parent information session and the course. Could you please indicate if you plan to come to the parent evening and return the attached slip to Mrs Jones by the first Friday of term, Friday 18 July.

If you do not want your child to take part in the program, could you please let Mrs Jones know in writing. If you have any further queries please do not hesitate to contact me.

Yours sincerely

[Signature]

Dot Greiveson
Head of Junior School
INFORMATION FOR PARENTS

The program has been designed to help schools implement particular aspects of the health curriculum including the physical, social and emotional changes at puberty.

The approach used is simple, straight-forward and sensitive. The content of the sessions is age-specific and interactive, using a variety of audio-visual materials, discussion and games.

The program respects and supports the role of the family in sexuality education.

Year 6 Program

❖ **Look I’m Changing**
This session focuses on providing information about the physical changes of puberty for boys and girls. Periods and sperm production are discussed.

❖ **I’m in Charge**
This session will give students an opportunity to discuss some of the common emotional changes that young people may experience at puberty.

❖ **What’s It All About**
The process of conception, foetal development & birth are covered in the context of family relationships.
Sexuality Education
More Than The Facts of Life

A Family Life Victoria Program

PARENT INFORMATION SESSION

This one hour session is designed to give adults an opportunity to have a better understanding of some of the issues for schools in sexuality education.

Tuesday 22 July at 7.00pm

▶ What is sexuality education and why it is important?
▶ What do young people need to know? What about values?
▶ What are the benefits of sexuality education?
▶ Content of the program and examples of strategies and resources that are used.
▶ Discussion of some common concerns about sexuality education.

Family Life Victoria
Phone: (03) 9813 2377 Fax: (03) 9813 2355
Email: enquiry@familylifevictoria.org.au
www.familylifevictoria.org.au

Books available for purchase

Please complete and return to your school by ______________________
We will be attending: Family Name ____________________________